



# Prestwick AQUATHON

**Saturday 22<sup>nd</sup> May 2010**, spring race

**Saturday 11<sup>th</sup> September 2010**, autumn race

at Prestwick Swimming Pool

- **8 years**                      **50m swim + 600m run**
- **9-10 years**                  **150m swim + 1k run**
- **11-12 years**                **250m swim + 2k run**
- **13-14 years**                **400m swim + 3k run**
- **15-16 years**                **400m swim + 3k run**

age on 31/12/10

lots of information on Ayrodynamic website

[www.ayrodynamic.co.uk](http://www.ayrodynamic.co.uk)

part of the **Triathlon** Scotland Aquathon Series

## Ayrodynamic Triathlon Club

Swim in Prestwick Pool. Run in the surrounding park. Transition from Swim to Run outside the building. Race starts at 14:15, with Registration from 13:15 to 14:00, the entry fee is £6 or enter the spring [22<sup>nd</sup> May] and autumn [Sep 11<sup>th</sup>] races together for £10.

Name:

Date of Birth :

Male / Female :

Address :

Phone :

Email :

Club [or unattached] :

TS / BTF number [if a member] :

Estimated swim time [please be accurate] :

I want to enter the May 22<sup>nd</sup> Aquathon

I want to enter the September 11<sup>th</sup> Aquathon

I enclose a cheque payable to "Ayrodynamic Triathlon Club" for £6 or £10.

Signed [parent / guardian] :

Closing date for entries Monday 17<sup>th</sup> May

Send completed entries to  
Stewart Bailey, 18 Burgh Road, Prestwick, KA9 1QU

Entry confirmation will be on club website.  
Some rules and conditions apply, full text on club website.