

Ayrodynamic Triathlon Club Duathlon 2010

SAC Auchincruive Estate, B743 by Mossblown, Ayr KA6 5HW
5km run/20km bike/5km run (triathlonscotland permitted event)

Sunday 18th April 2010 Start time: 10am

Race Sponsors:

ANDERSSONS DENTAL



Entries to: Alastair Stewart, 31 Lochgreen Ave, Troon, KA10 6UN. (Tel 01292 317223) or enter on day.
 Email: alastair.i.stewart@gsk.com

Fees: **triathlonscotland** members with 2010 race license £20

triathlonscotland members without 2010 race license £23.50

A £2 surcharge will be levied for entries submitted after Fri 16th April.

Please make cheques payable to 'Ayrodynamic Triathlon Club'.

Entries may also be submitted on-line at www.entrycentral.com
All confirmed entries will be listed at EC.com



First Name	
Surname	
Address 1	
Address 2	
Town	
Post Code	
Tel No.	
Email:	
DOB	
Age Category (circle one) (age at 31/12/10)	15-16 17-18 19 20-39 40-49 50-59 60+ Youth A Jun B Jun C Senior Vet Sup Vet Vintage
Male/Female	
Club	
2010 triathlonScotland/BT number	
Signature Parent/Guardian (for Youth A category)	
Entry Fee Enclosed	

Results & photos will be available on-line later on race day at www.ayrodynamic.co.uk.

Waiver : All athletes taking part in **triathlonscotland** sanctioned events are held to have read and understood the rules governing the sport and be in full agreement with the following disclaimer.

I declare that I am medically fit to compete in endurance sports. I participate in these events at my own risk. I assume that no liability what-so-ever will be placed upon the **triathlonscotland** or Ayrodynamic Triathlon Club for any injuries sustained, or for any loss or damage to personal property or equipment, before, during or after an event or from any designated changing or transition areas.

I understand that Ayrodynamic Triathlon Club will not use my personal data for any other purpose as a result of this entry.

I understand that Ayrodynamic Triathlon Club reserves the right to curtail/amend or otherwise alter the race routing as local conditions prevail.

Competitor signature.....Date...../...../.....